

2018-19 CITIES ACADEMY

JUNIOR DEVELOPMENT

FOR BEGINNER TO ADVANCED PLAYERS AGES 4 - 18

2019 Winter / Spring

Winter JAN 5 - FEB 22

Early Spring FEB 23 - APR 12

Late Spring APR 13 - JUNE 3

SCHOLARSHIPS AVAILABLE • Join our welcoming, inclusive community!



REGISTER ONLINE → INNERCITYTENNIS.ORG/YOUTH-CITIES-ACADEMY



Always Challenging, Always Fun!

All of us at InnerCity Tennis are pleased to offer the Cities Academy, our dynamic program for aspiring junior tennis players.

With the Cities Academy, we provide a comprehensive tennis training system built on years of experience and the best practices of top academies around the world. And it's right here in the Twin Cities!

We start by providing excellent on-court coaching and programs for every age and every ability, from the youngest first-time beginners to our seasoned tournament players. A player can enter at any stage along the ICT Player Pathway and find a place to learn, improve, and have tons of fun.

Whatever your age and skill level, we have a program that fits you.

In keeping with the ICT mission, we also strive to help kids from all backgrounds reach their full potential off the court. We do this by teaching essential life skills, such as

healthy habits, growth in personal character, and a commitment to lifelong learning and community service. We've woven life skills development right

into the Academy's curriculum because, alongside parents and other caring adults, we know we can play an important supporting role in helping the young people we serve grow up to be happy, healthy, productive adults.

We provide the professional coaching, facilities, and a learning environment that is always challenging and always fun. All you need is your racket and a commitment to improve. See you on the courts!

John Wheaton

John Wheaton
Executive Director



NICK BOLLETTIERI, Tennis Icon, 2014 International Tennis Hall of Fame, ICT Board Member

"John Wheaton has knowledge not only about tennis but also what is required to operate programs for the best players."

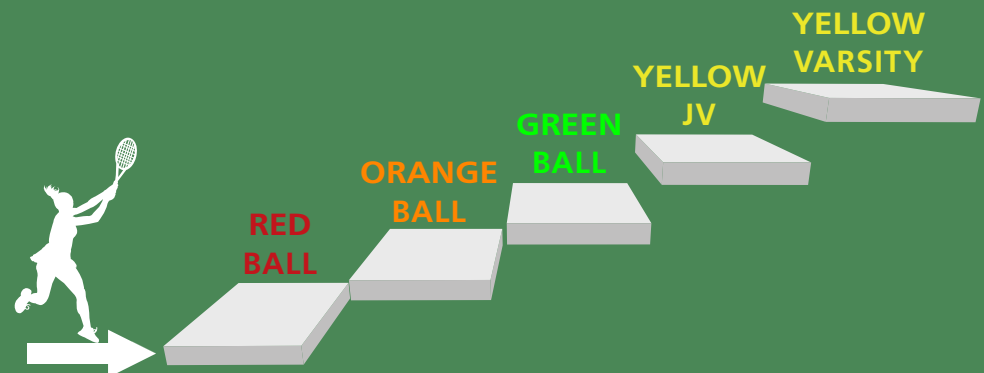


DEVELOPMENT PATH

The Developmental Path is for players who want to learn all the tennis fundamentals – forehand, backhand, serve, volley, overhead, singles and doubles strategies and scoring – all in a very fun and challenging environment. Our experienced tennis professionals direct and deliver each class with attention to developing age-appropriate skills for each level.

For younger players up to 12 years of age, it's all about using the right balls, equipment and court dimensions. Everything's scaled to fit the size of the players at each level, so that they can achieve early success. Foundational tennis skills are stressed, including proper footwork, grip, swing path, and court positioning.

As kids enter their teen years, they transition into the yellow ball, and the focus turns toward strategic thinking on the court and developing a mature game through live ball drills and games along with match play. These athletes are also encouraged to try a few entry level USTA tournaments and join a team tennis league, which are perfect for preparing players for JV and Varsity competition in high school.



RED BALL



REGISTER ONLINE → WWW.INNERCITYTENNIS.ORG/YOUTH-CITIES-ACADEMY

RED ROCKETS

6U (ages 4-6) &
8U (ages 7-8)



Instructors use ICT's patented Kidspeed learning tools and stations to teach their players the ABC's (agility, balance, and coordination) of athletic skill and tennis development. **Only players ages 4-8 throughout the entire session may register for Red Ball courses.**

Ball: Foam Ball (6U), Red Ball (8U)
Court: 36' Courts
Racket: 19" - 23" Aluminum Frame
Goal: Learn early tennis and athletic skills, be active, and have fun!

CHOOSE YOUR SESSION(S) & CLASS TIME(S) • Sorry, no make-ups for missed days

7 Week Sessions

Winter January 5 - February 22
Early Spring February 23 - April 12
Late Spring April 13 - June 3*

*No classes April 20-21

All classes
\$165

6U Class Times

- Tuesday 4:00-5:00pm
- Thursday 4:00-5:00pm
- Saturdays 9:00-10:00am, 10:00-11:00am, 11:00-12:00pm
- Sundays 9:00-10:00am, 10:00-11:00am, 11:00-12:00pm

8U Class Times

- Mondays 4:00-5:00pm, 5:00-6:00pm
- Tuesdays 5:00-6:00pm
- Wednesdays 4:00-5:00pm, 5:00-6:00pm
- Thursdays 5:00-6:00pm
- Saturdays 9:00-10:00am, 10:00-11:00am, 11:00-12:00pm

Important Info

1. Sign up for 2 or more programs and take 10% off your total fee!
2. Siblings may combine to receive a family discount.

ORANGE BALL



REGISTER ONLINE → WWW.INNERCITYTENNIS.ORG/YOUTH-CITIES-ACADEMY

ORANGE CRUSHERS

10U (ages 9-10)



Enthusiastic instructors teach tennis fundamentals while directing their players through a variety of fun, age-appropriate games and drills. **Only players ages 9-10 throughout the entire session may register for Orange Ball courses without prior director approval.**

Ball: Low compression Orange Ball
Court: 60' Courts
Racket: 23" - 25" Aluminum Frame
Goal: Learn proper strokes, rally with a partner and hit consistent serves.

CHOOSE YOUR SESSION(S) & CLASS TIME(S) • Sorry, no make-ups for missed days

7 Week Sessions

Winter January 5 - February 22
Early Spring February 23 - April 12
Late Spring April 13 - June 3*

*No classes April 20-21

All classes
\$165

Class Times

- Tuesdays 6:30-7:30pm
- Thursdays 6:30-7:30pm
- Saturdays 9:00-10:00am, 9:30-10:30am &
- Saturdays 10:00-11:00am, 11:00-12:00pm
- Sundays 12:00-1:00pm, 1:00-2:00pm

Looking for Advanced Classes?
See our Junior Performance Brochure

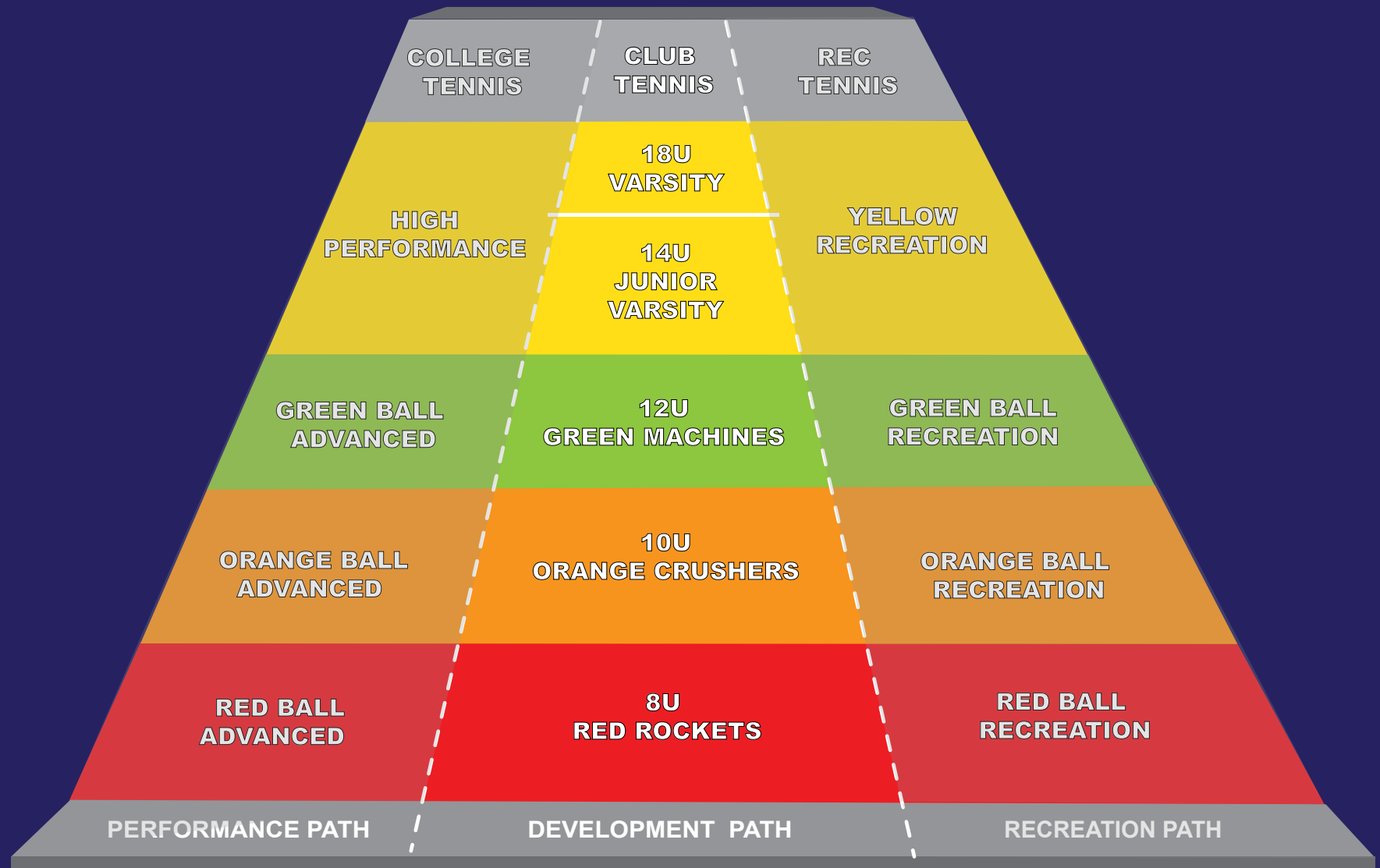
Important Info

1. Sign up for 2 or more programs and take 10% off your total fee!
2. Siblings may combine to receive a family discount.

INNERCITY TENNIS

PLAYER PATHWAY

Whatever your age and skill level, there's a place for YOU!



GREEN BALL



REGISTER ONLINE → WWW.INNERCITYTENNIS.ORG/YOUTH-CITIES-ACADEMY



GREEN MACHINES
12U (ages 11-12)

FAST TRACK
18U (ages 13-18)

CHOOSE YOUR SESSION(S) & CLASS TIME(S) • Sorry, no make-ups for missed days

7 WEEK SESSIONS

Winter January 5 - February 22
Early Spring February 23 - April 12
Late Spring April 13 - June 3*

*No classes April 20-21

Looking for Advanced Classes?
See our **NEW** Performance Brochure!

12U Green Machines (ages 11-12) • \$235/class

Enthusiastic instructors teach the tennis fundamentals while directing their players through a variety of fun games and drills that focus on all the strokes and strategies.

With pro's approval, players will move into our Fast Track 2 or Junior Varsity classes

- **Mondays** 6:00-7:30pm
- **Tuesdays** 6:00-7:30pm, 7:30-9:00pm
- **Thursdays** 6:00-7:30pm, 7:30-9:00pm
- **Saturdays** 9:00-10:30am, 10:30-12:00pm
- **Sundays** 12:30-2:00pm

Fast Track 1 (ages 13-18) • \$165/class

Step 1 classes are for players new to Cities Academy classes with limited to no experience; players will learn the stroke techniques, grips, scoring, positioning and court terminology.

With pro's approval, players will move into our Step 2 classes

- **Sun** 4:00-5:00pm

Fast Track 2 (ages 13-18) • \$235/class

Continuation of Step 1; Step 2 classes are for players with limited playing experience who have developed consistency to keep the ball in play.

With Pro's approval, players will progress into our Junior Varsity classes

- **Tue** 4:30-6:00pm
- **Thu** 4:30-6:00pm

Important Info

1. Sign up for 2 or more programs and take 10% off your total fee!
2. Siblings may combine to receive a family discount.

YELLOW BALL



REGISTER ONLINE → WWW.INNERCITYTENNIS.ORG/YOUTH-CITIES-ACADEMY



JUNIOR VARSITY
14U (ages 13-14)

VARSITY
18U (ages 15-18)

CHOOSE YOUR SESSION(S) & CLASS TIME(S) • Sorry, no make-ups for missed days

7 WEEK SESSIONS

Winter January 5 - February 22
Early Spring February 23 - April 12
Late Spring April 13 - June 3*

*No classes April 20-21

Never played?
No Problem!

Junior Varsity

Junior Varsity classes are for intermediate level 14U players who enjoy the game and may aspire to play middle school or high school tennis.

With pro's approval, players will move into our Varsity classes

- **Class Times:** Tue/Thu 4:30-6:30pm; Sun 2:00-4:00pm
- **Pricing:** 2 day/week \$645; 3 days/week \$895

Varsity

Varsity classes are for intermediate to advanced level 18U players who have experience competing in JV, Varsity, or USTA teams or in entry level tournaments

With Pro's approval, players will progress into our High Performance classes

Varsity 120

- **Class Times:** Mon/Wed/Fri 4:00-6:00pm; Sat/Sun 2:00-4:00pm
- **Pricing:** 2 day/week \$645; 3 days/week \$895; Additional days \$200

Varsity 90 (Late Spring session only)

- **Class Times:** Tue/Thu 3:00-4:30pm; Sat/Sun 2:00-3:30pm
- **Pricing:** 2 day/week \$475; 3 days/week \$675; Additional days \$150

Important Info

1. Private lessons are highly recommended for developing players. Discounted packages available.
2. Sign up for 2 or more programs and get 10% off your total fee! Siblings may combine for a family discount.
3. Partial payments accepted if all outstanding balances have been paid.
Email juniors@innercitytennis.org for more info.

COACHES



KATHY ALEX ●
Kathy is ICT's Head Coach of 12U Development. She has decades of experience coaching junior and college tennis, and enjoyed an illustrious playing career, competing for the UCLA Bruins and playing on the pro tour.



AHMED ATAYEV ●●
Ahmed emigrated with his family from Turkmenistan in 2015. He joined Minnetonka High School Boys' tennis team his junior year, helping them win back to back State Championships in '16 & '17. He has taught tennis at Wayzata Country Club and ICT for the past 3 years.



KYLE BUCHMEIER ●
Kyle has worked at ICT since 2011. He helps coordinate ICT's Women's Daytime League and coaches many adult and junior programs. He formerly served as Head Coach at Woodbury and Winona Cotter High Schools and captained the Winona State Men's Tennis Team for three years.



MASON BULTJE
Mason grew up in Mankato and played college tennis at Gustavus Adolphus, where he earned a degree in Exercise Physiology and All-Conference honors in singles and doubles his senior year. He has taught tennis for many years, including at Tennis and Life Camps in St. Peter, where he developed a passion for working with youth and players of all abilities.



CALLEE CONDA-ANDERSON ●●
Callee has coached at ICT since 2011 after working at Longview Tennis Club in Duluth and at three Park and Rec programs. She played #1 singles and served as captain for both Hibbing High School and St. Scholastica College.



DYLAN KELLY ●
Dylan grew up playing in InnerCity Tennis programs and began coaching in ICT's Parks program in 2008 as a junior. He played 4 years of college tennis at St. Scholastica and joined the ICT staff full time in 2015. He enjoys working with players of all abilities.



DILCIA PEDERSON ●●
Dilcia, a Minneapolis South High School graduate, began playing tennis in ICT's Summer Tennis in the Parks Program in the 1990s. 'Dil' is now an Elite USPTA pro, 10U PTR certified and regional tester for aspiring teaching pros. She's also the assistant varsity coach at Washburn High School.



DAVID PETERSEN
David began teaching at ICT through its Super Saturday and Summer in the Parks programs. Combining his love of teaching kids and his enthusiasm for the game, he is excited to give back to the same community where he learned to play tennis.



LUKE ROBERTSON ●●
Luke began working at ICT in 2016. He played high school Varsity tennis at Bloomington Jefferson for 6 years and college tennis in Kansas and Arizona. He is the only ICT staff who owns a gold ball, winning the National grandfather / grandson tournament in 2011.



FRANK SMITH ●
Frank grew up in the Twin Cities, where he learned to love the game of tennis. He has taught high school and college tennis and has instructed in Europe and Asia. He especially enjoys coaching young beginners at InnerCity Tennis.



BILL STARK ●●
Bill has taught at ICT since 2011, after more than 30 years of coaching throughout the Twin Cities. He is a USPTA certified tennis umpire and a USPTA certified teaching professional.



DAN WHEATON ●●
Dan has been a tennis coach at Wayzata Country Club for 6 years and began working at ICT in 2015. At Minnetonka High School he was a 5 year letter winner and an integral part of their 2016 MN State High School Team Championship. He currently serves as the Minnetonka Boy's Junior Varsity coach.

Certifications: ● USPTA • ● PTR • ● Other

FAQ

HOW DO I REGISTER?

THREE WAYS TO REGISTER YOUR CHILD FOR CITIES ACADEMY PROGRAMS

- **Online** - www.innercitytennis.org/youth/cities-academy
- **Phone** - call the front desk at 612.825.6844
- **On-Site** - Pick-up a paper registration in our lobby or ask front desk staff to assist you.

ARE SCHOLARSHIPS AVAILABLE?

NEED BASED SCHOLARSHIPS ARE AVAILABLE FOR ALL CITIES ACADEMY PROGRAMS
New applications must be submitted before the start of each session for consideration.
Applications can be downloaded online at innercitytennis.org/youth/cities-academy.

DOES ICT HOST ANY TOURNAMENTS?

YES, ICT HOSTS TOURNAMENTS THROUGHOUT THE YEAR
Players can register for tournaments online at innercitytennis.org/youth/youth-tournaments.
Junior USTA Memberships Required - Note that players must have a valid USTA Jr. Membership to participate. Memberships can be purchased online at <https://membership.usta.com>.

DOES ICT HAVE VOLUNTEER OPPORTUNITIES?

YES, ICT HAS OPPORTUNITIES FOR VOLUNTEERS OF ALL AGES AND TENNIS ABILITIES
ICT staff deliver free and reduced programming to hundreds of children in our Super Saturday Program and in the community throughout the week. For more information about volunteering, please contact Community Engagement Manager, Bao Thao, at bao.thao@innercitytennis.org or go online to innercitytennis.org/volunteer.

DOES ICT OFFER ADDITIONAL JUNIOR PROGRAMS?

ICT OFFERS FREE & REDUCED PRICED PROGRAMS YEAR ROUND ACROSS THE CITY

- **SUMMER TENNIS IN THE PARKS** - Programs operate at 21 Minneapolis parks for 5 weeks during the summer. Over 1,000 kids participate annually. Full scholarships are offered for all families in need.
- **SUPER SATURDAYS** - ICT devotes the entire 11-court Reed Sweatt Family Tennis Center to kids for no charge from 4:00 to 7:00 PM each Saturday between mid-September and mid-April. Over 250 kids and 80 volunteers participate each week.

WHAT ARE YOUR REGISTRATION / CANCELLATION POLICIES?

THANK YOU FOR BEING AWARE OF OUR REGISTRATION / CANCELLATION POLICIES

- Payment required before or during the first week of class.
- Permanent cancellations received in writing at least 10 business days prior to a session start date will be refunded in full. After that time, the fee can be refunded less 15% of the prorated amount, or credited to another Academy program within one year.
- Make-ups, credits and refunds cannot be given for missed classes, except for classes cancelled by ICT.

HOW DO I KNOW WHEN MY CHILD IS READY TO MOVE UP?

If you have a question regarding the placement of your child, first consult your pro. If you would like to request a class change, pick up a class change form at the tennis desk and submit. Pros will discuss all requests each Wednesday and will notify players of their decision by Friday.

OTHER QUESTIONS?

Please email juniors@innercitytennis.org with any additional questions.



At InnerCity Tennis, we believe that every kid needs and deserves a coach-mentor, the encouragement of a team and a welcoming community. For more than 65 years, we have offered programs that use tennis to tap into the deep potential within each child through no-fee and scholarship-eligible youth programs. Tennis is the vehicle that draws the kids in and provides a pathway to success in school and life. Our on and off court programming is designed to improve the physical health, social/emotional skills, and character of our participants, while helping to close the gap on health and educational disparities for underserved kids in Minneapolis.

Mission

We develop and unleash the potential of youth on and off the tennis court by engaging and serving a supportive community.

Our Youth Programs

We offer programs to increase access to this lifelong sport in schools and neighborhood parks throughout Minneapolis, and ICT's tennis center programs give underserved youth and families the chance to try tennis in a remarkable facility. Our comprehensive programming includes everything from no-fee, one-time drop-in programs to intensive training for players with the talent and drive to become elite high school or college competitors. There is an entry point and pathway to success for each child who steps on the court.

Kids We Serve

Each year we reach over 5,000 young people, ages 3 to 18, including at-risk kids, children of color, children from low-income families and children diagnosed on the autism spectrum. ICT attracts diverse families from all over the city, and our no-fee programs and scholarships ensure that our programs are available to all children regardless of financial circumstances.

Engaging Our Tennis Community

Our broader tennis community of adults provide invaluable support for our youth development programs through their volunteerism, donations and partnership. Together with our staff and teaching professionals, adults who participate in ICT programming "play with purpose," in that they help provide a supportive and caring community for the youth we serve.

Support Us

As a social enterprise, InnerCity Tennis is a non-profit, mission-focused, tax-exempt (501c3) organization that delivers both financial and social returns to further its mission. Our tennis center, together with the contributions of our generous donors, provide the critical financial support needed to deliver ICT's life-changing programs for youth. Donate online at www.innercitytennisgive.org

7 CORE VALUES

RESPECT

ENTHUSIASM

RESPONSIBILITY

INTEGRITY

SERVICE

PERSEVERANCE

TEAMWORK

Reed Sweatt Family Tennis Center
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